



# COVID-19 and Health and Safety Concert and Event Guidelines 16th October 2021

## Aim of these guidelines

The aim of these guidelines is to ensure that the environment in which our chorus concerts and events take place protects and promotes the health and well-being of all chorus members and all guests / members of the audience.

### 1. Personal Planning and Preparation

- Please do NOT attend concerts if you have tested positive for COVID-19, or you feel unwell, and particularly if you have any of the following symptoms:

- ✓ Runny nose

- ✓ Headache

- ✓ Sneezing

- ✓ Sore throat

- ✓ Loss of smell

- ✓ New cough

- ✓ Fever

All of these symptoms may be indicative of COVID-19. If you do have these symptoms it is strongly recommended that you undertake a Lateral Flow Test (LFT).

- Please undertake an LFT prior to each concert / event. Click [HERE](#) for the latest guidance on LFTs, their accuracy, what to do if you have a positive test, and how to obtain the kits.

- If a person you live with tests positive for COVID-19 please do not attend concerts / events for 10 days following the onset of their symptoms or a positive test.
- If you are alerted by a venue that you have attended or by a close contact that you may have been exposed to COVID-19, AND you have received two doses of a COVID-19 vaccine, please undertake an LFT. If it is negative you may attend concerts / events.
- Please ensure that you come to concerts / events with sufficient warm clothing to remain comfortable as the evenings get cooler. We will be keeping some windows open during the autumn / winter / spring months to maximise ventilation.
- Refreshments may be available at selected concerts / events (see details) but otherwise you should bring your own water bottle.
- If you are unable to attend a specific concert / event for which you are booked please inform your section lead and the membership secretary (chorus members) or the published ticketing contact (audience / invited guests).

## 2. During concerts and events

- Please try and maintain some social distancing when socialising with other attendees, whether guests / audience members or chorus members, to minimise the transmission of respiratory viruses.
- Chorus members must follow the usual guidance in relation to equipment. These can be found in the Rehearsal Guidelines.

## 3. Raising concerns about a Health and Safety aspect

If you have any concerns about the health and safety of any aspect of any concert or event please speak to the event organiser or a member of the event organising team know (you do not need to leave your name), or for Chorus members please raise these in the usual manner (see the Rehearsal Guidelines).